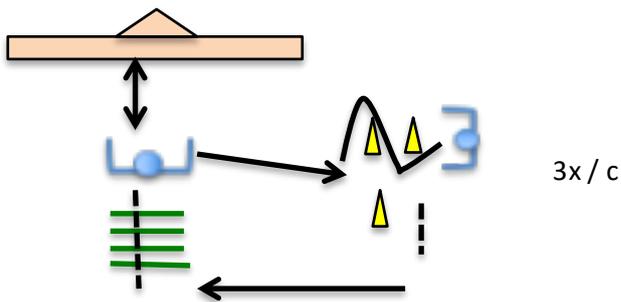
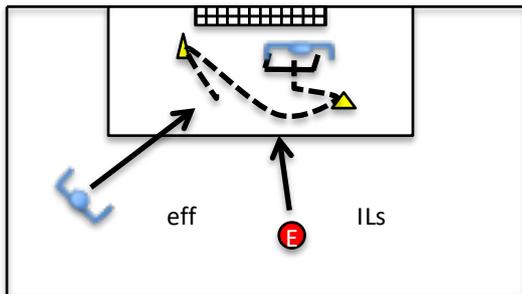


MATÉRIEL | planche - plots - lattes - banc - cerceaux - planche à rebond

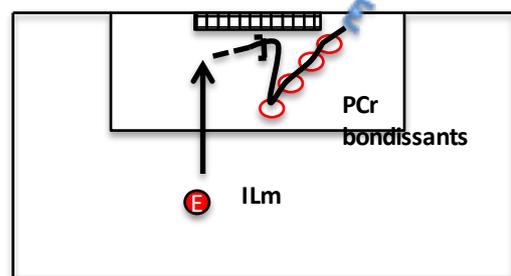
JEU AUX PIEDS / PdB / APPUIS



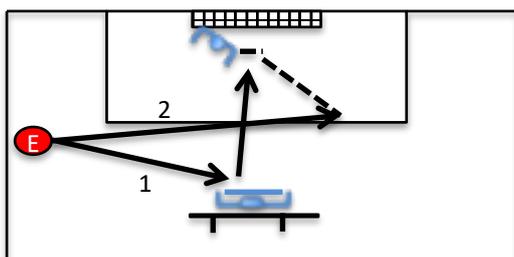
DPL / TECH



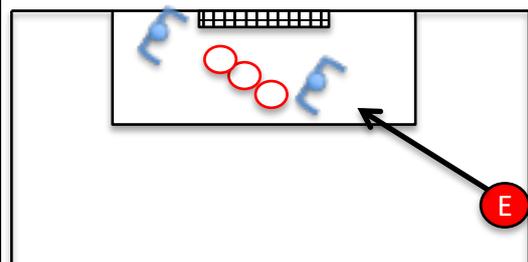
DPLT / Ilm



RÉACTION PLANCHE / VIVACITÉ



APPUIS / VIVA / RÉA



eff = effacement / DPL = déplacement / REA = réaction
 PCr = pas croisé / TECH = technique / Ilm = intervention latérale mi hauteur